



The "Embracing Life's Challenges"

Health and Wellness Series

November 8, 2026: Village in the Heights
Paul Sobel , President

Title of Presentation: We All need a village sooner or later

Village In The Heights is a member-driven nonprofit organization of older adult neighbors living in the eastern suburbs (aka "The Heights") of Cleveland, Ohio. Our purpose is to support one another as we get older, to mutually enhance our quality of life in the communities we know and love.

We are one of many villages around the country. Aging in Place with the help of The Village Movement allows people to live independently in their own homes much longer. Our solution focuses on freedom and control, addressing many needs and opportunities. We remain active and take care of ourselves and others.